

Informed Health[®] Line

1-800-556-1555



It's Your Call.

It's always a good time to call an Informed Health Line nurse. For example:

- When you're in good health – for general information about health and preventive care.
- When you're sick – for general information about your illness, medications, tests, procedures and surgery.
- When you're getting ready to see or call the doctor – for help preparing a list of questions.
- Anytime – our registered nurses are available 24 hours a day, 7 days a week.

You also have access to our Audio Health Library, a recorded collection of thousands of health topics that's available in English or Spanish. Transfer easily to an Informed Health Line registered nurse at any time during your call.

Or, to get credible health information online, register for Aetna Navigator[™] (www.aetna.com), our password-protected member website. After logging in, click on *Take Action on Your Health, Treating Illness* and then *Health A-Z*.

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Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is subject to change. For more information about Aetna plans, go to www.aetna.com.

